BLUESTAR
TELEHEALTH

If you have questions about pairing your device, please call Customer Care at (800) 441-0230 (Mon - Fri, 9:00 - 5:00 Eastern).
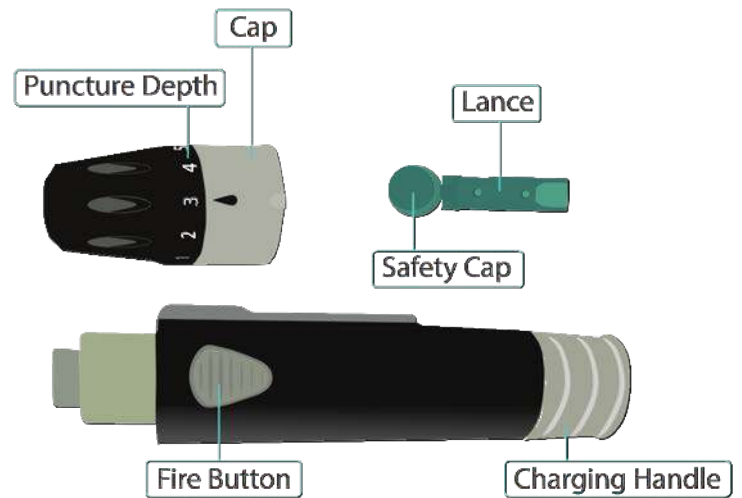
Measuring Your Blood Glucose

Prior to taking a reading:

- Set the Date & Time (mfr. instructions p. 8).
- Turn on Bluetooth (mfr. instructions p. 46).
- Pair the Glucometer to the Tablet by following the "How to Pair" Guide.

The Keys to Using the Glucometer

1 USING THE LANCING DEVICE

- Rotate the cap to remove.
- Insert lance into the device.
- Remove the safety cap from the lance.
- Replace the cap on the lancing device.
- Twist cap to select puncture depth.
- Pull back the charging handle.
- Place the device against the side of the finder tip and press the fire button. A drop of blood should appear.

Cap
Puncture Depth
Lance
Safety Cap
Fire Button
Charging Handle

2 USING THE GLUCOMETER

- Insert test strip, square end first, with label/logo facing up.
- The device will automatically turn on if the strip is inserted fully.
- Touch the test strip to the drop of blood as shown below.
- The reading will appear on the Glucometer.

Tips:

- Use the lance on the side of the finger to prevent discomfort.
- The use of unauthorized strips may cause the device to malfunction.