

If you have questions about pairing your device, please call Customer Care at (800) 441-0230 (Mon - Fri, 9:00 - 5:00 Eastern).

Measuring Your Heart Rate & Oxygen Level

GET READY

- On your tablet, open the VitalCare app
- Make sure you haven't recently exercised
- Do not use with a damaged, infected or artigficial / fake fingernail

2 BODY POSITION

- Sit upright and comfortable in a chair
- Make sure you are relaxed and quiet

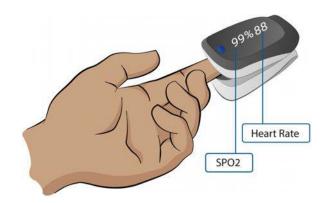
3 PULSE OXIMETER PLACEMENT

- Insert finger fully into the device
- Fingernail can be up or down in the device

4 TAKE MEASUREMENT

- Press the "Power" button
- O Hold the device at heart level
- Keep hand steady for 20-30 seconds, until final reading is displayed
- If heart rate is less than 60, or blood oxygen reads less than 92%, please take the reading a second time





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