

# Remote Care Management:

## THE CONVENIENT WAY TO BETTER HEALTH

### WHAT IS REMOTE CARE MANAGEMENT?

- + A way for our clinical care team to better manage your care away from the doctor's office.
- + Tracks your vital signs, medication and activity level so you stay healthier.
- + Provides real-time information to your physician and caregivers and family (if you wish).
- + Helps you live a happier, healthier life!



### HOW MUCH WILL IT COST?

**The good news is: Not much!**

Your care giver may provide a wearable device or a tablet, as well as equipment to monitor your health, such as a blood pressure cuff or pulse oximeter.

The tablet will connect you via secure video with our care team, with the touch of a button.

### WHAT DO I NEED TO DO?

**More good news: Medicare and Medicare Advantage plans cover most of the cost of remote care management. Sometimes there is a modest copay under their designation of remote patient monitoring.**

Contact our office for help in determining your individual coverage

BROUGHT TO YOU BY



(800) 441-0730