

Taking Your Temperature

1 GET READY

- On your tablet, open the VitalCare app

2 THERMOMETER PLACEMENT

- For Head Temperature:**
Gently press thermometer to the center of the forehead, between your eyebrows
- For Ear Temperature:**
Remove the white cap and place the earpiece gently into outer ear canal



3 TAKE MEASUREMENT

- After positioning device, press the "Head" or "Ear" button for five (5) seconds, then release
- Once temperature is taken, the device will beep and your temperature will display
- Your reading should display immediately with the VitalCare app on your tablet
- If temperature is greater than 100.4, please take the vital sign a second time.



TIP Replace battery every 4-6 weeks